



Eagle Express

Phone: 413-423-3326

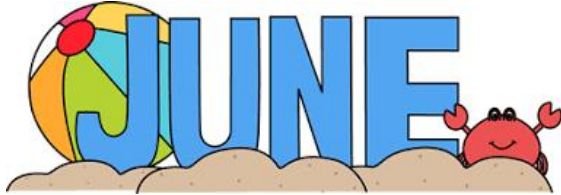
<http://www.erving.com>

SCHOOL WEEKLY NEWSLETTER

GRADUATING EDITION

ERVING, MA

JUNE 2, 2023



Don't forget to send your kiddos in with a refillable water bottle! It's getting **HOT!**



Monday, June 19
Juneteenth
NO SCHOOL

Tuesday, June 20
School Committee Mtg
7 pm

Friday, June 23
6th Grade Graduation
6 pm

Monday, June 26
Last Day for Students
EARLY DISMISSAL 1:15 pm





How can I help my child with **MATH**?

Count your steps as you take a walk. Count by 1's, 2's, 5's, and 10's.

Give your child story problems to try and solve. Have your child **explain** how to solve the problem.

Let your child help you cook. Cooking involves a lot of counting and measuring.

Help your child learn math **vocabulary**.

Give your child coins to practice counting money.

Have children point out patterns they find.

Show your child that math is in our everyday lives.

Shape Hunt

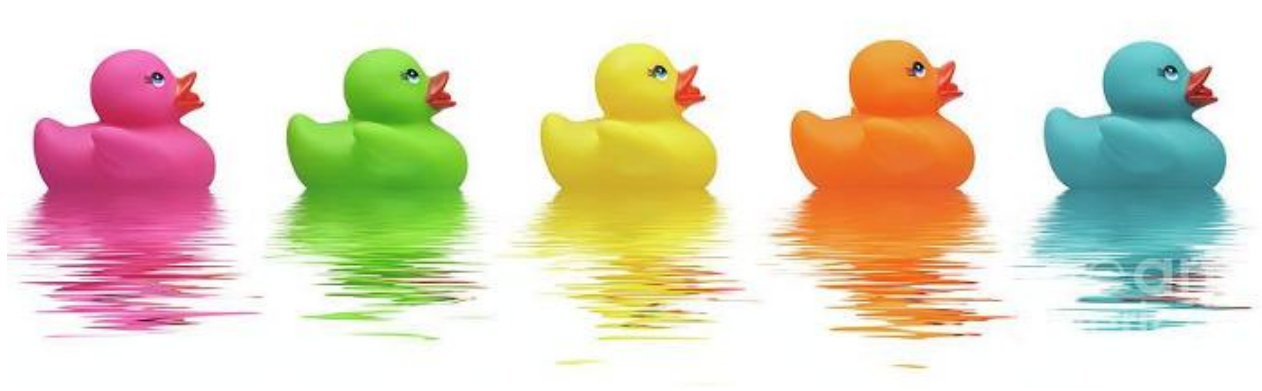
Take four index cards (or paper, post-it note, whatever you have around) and draw a different shape on each one. You can draw as many or as few shapes as you like.



Turn the cards upside-down and have your child pick one. Go around your home to find examples of that shape. See how many examples of each shape you can find! Once you're finished with one shape, pick another card and go on the hunt again! (If it's a nice day, you can do this outside as well!)

Math in the Bath

Use rubber ducks to sing and act out the song "Five Little Ducks"



"Five little ducks went out one day
Over the hills and far away
Mommy Duck Said 'quack, quack, quack, quack,'
But Only four ducks came back, back, back."

(Keep going until you get to zero ducks....I always have the mommy duck go back and get the other ducks on the other side of the hill!)

Flip Cards and Add to 10 (or 50! Or 100!)

Gather a deck of cards. Either take out the face cards or assign each one a number. Players flip over cards and add it to their running total, trying to reach a predetermined number. The most important part of this game is the math discussion about it! You might ask, "How did you think about adding those numbers together?"



Skip Counting Hopscotch

Draw a hopscotch board on your driveway with chalk! (If you can't do this, you can use painter's tape inside as well.) Number the board with multiples of two, five, or ten. Have your child jump and count out loud!



Mathematical Reading for Early Elementary

The following is a short excerpt from an article by Colleen Uscianowski and Herbert P. Ginsburg from the Teachers College at Columbia University sharing how picture books can help to foster mathematical understandings in children.



Source: DREME- Development and Research in Early Math Education

Storybooks provide a rich opportunity to build not only literacy skills, but also math understanding. Books with math concepts woven into the pictures and storylines can promote children's mathematical thinking and introduce foundational math concepts such as numbers, shapes, patterns, and measurement. Asking questions and making observations about the math found in picture books can support children's curiosity and enjoyment of math.

For example, Quack and Count by Keith Baker is about seven ducklings quacking, sliding, and flying in marshland. Throughout the beautifully illustrated story, the seven ducklings form different groups that can be added and always make seven. While reading, children can explore counting and addition as they practice counting a group of ducks that are not always neatly in a row and in fact may be hard to see—a challenging but enjoyable task.

The most important rule to keep in mind when selecting and reading a math picture book is to enjoy the stories and enjoy the children enjoying the stories! Read often, smile, and laugh. Ask questions. Build mathematical understandings together!

Library News

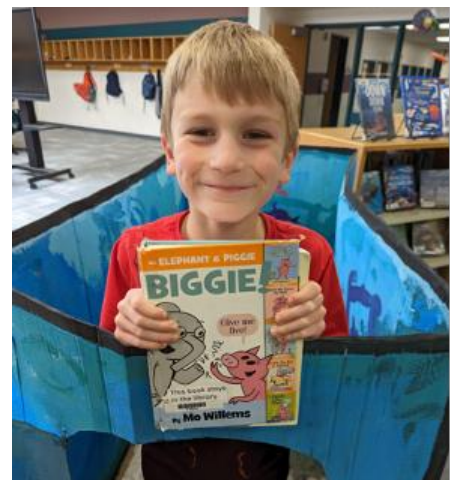
We're Reading!

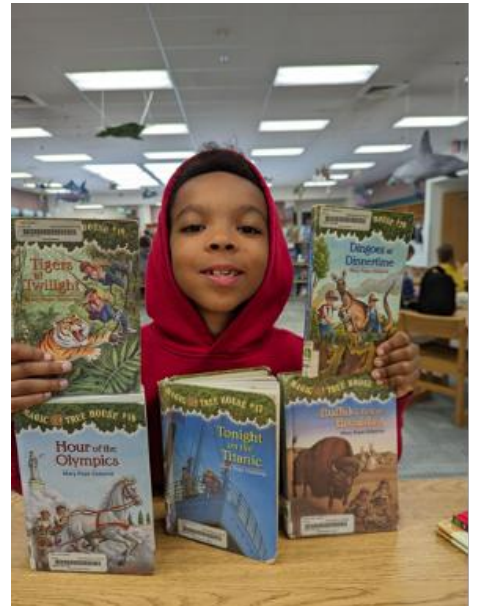
Thank you SO MUCH to the Fourth Grade students who made this beautiful Reading Aquarium for the library!





We Completed the Series Challenge!





June-Breakfast 2023

Alt	Monday	Tuesday	Wednesday	Thursday	Friday
	May 29 Assorted cereal, fruit & milk	May 30 French toast sticks, syrup, fruit & milk	May 31 Bagel w/ cream cheese, fruit & milk	June 1 Assorted cereal, fruit & milk	June 2 WG muffin, yogurt, fruit & milk
	5 Assorted cereal, fruit & milk	6 Waffles w/syrup, fruit & milk	7 English muffin w/butter, fruit & milk	8 Assorted cereal, fruit & milk	9 WG muffin, yogurt, fruit & milk
	12 Assorted cereal, fruit & milk	13 Pancakes w/syrup, fruit & milk	14 Bacon egg & cheese on a wg English muffin, fruit & milk	15 Assorted cereal, fruit & milk	16 WG muffin, yogurt, fruit & milk
	19 No school	20 French toast sticks w/syrup, fruit & milk	21 Bagel w/cream cheese, fruit & milk	22 Assorted cereal, fruit & milk	23 WG muffin, fruit & milk
	26 Assorted cereal, fruit & milk	Summer	Vacation	See you all	In the Fall!!!!!!

All sandwiches are made using whole grain bread. Each lunch is served with a choice of 1% white, skim, 1% milk & low fat chocolate (children 5 & under can only be offered white milk skim or 1%). All meals are subject to change without notice.

All meals are served w/fruit. Breakfast requires grain, fruit & milk. Lunch is served with a grain, protein, fruit, vegetable & milk. **If your child requires milk for a home meal the charge is .50 cents.**

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

*WG = whole grain
 *WW = whole wheat
 *HM = homemade

June-Lunch 2023

Alt	Monday	Tuesday	Wednesday	Thursday	Friday
Toasted cheese sandwich w/fruit & veg of the day & milk	May 29 Memorial Day No School	May 30 Beef & cheese nachos, corn & black bean salad, mandarin oranges & milk	May 31 Salisbury steak w/steamed brown rice, carrot coins, fresh fruit & milk	June 1 Grilled chicken, cheese & bacon on a WG roll w/oven fries, pineapple & milk	June 2 Sliced cheese pizza, wax beans, sliced cinnamon apple & milk
Turkey & cheese sandwich w/fruit & veg of the day & milk	5 Seasoned chicken w/steamed brown rice, broccoli, peaches & milk	6 Cheese quesadilla w/salsa & sour cream, three bean salad, pineapple & milk	7 Pasta w/meat sauce & parm cheese, garlic knots, carrots, pears & milk	8 Chicken patty on a WG roll, oven fries, applesauce & milk	9 Make your own flat bread pizza, green beans, fresh fruit & milk
Ham & cheese sandwich w/fruit & veg of the day & milk	12 Turkey, bacon & cheese wrap w/lettuce, broccoli, mandarin oranges & milk	13 Chicken fajita w/salsa, sour cream, shred lettuce & cheddar, seasoned black beans, fresh fruit & milk	14 Hamb/cheeseburger on a WG roll, sweet potato fries, apple slices & milk	15 Chicken nuggets, oven fries, diced peaches & milk	16 Sliced cheese pizza, wax beans, applesauce & milk
Chicken salad sandwich w/fruit & veg of the day & milk	19 No school	20 Soft beef taco w/salsa, sour cream, lettuce & cheese, corn & black bean salad, mandarin oranges & milk	21 Ham & cheese bagels, sliced carrots, pears & milk	22 Breaded fish sticks, seasoned fries, pineapple & milk	23 Make your own flat bread pizza, green beans, diced peaches & milk
No Alt served	26 Turkey & cheese sandwich (bag lunch)	Summer	Vacation	See you all	In the Fall!!!!!!

All sandwiches are made using whole grain bread. Each lunch is served with a choice of 1% white, skim, 1% milk & low fat chocolate (children 5 & under can only be offered white milk skim or 1%). All meals are subject to change without notice.

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ACTIVITY LIST

- Swimming
- Arts & Crafts
- Lunch with Friends
- Outdoor Games
- Sports
- Fun and Laughs

REGISTRATION

\$125/week for Erving Kids

\$225/week non-resident

SUMMER PARKS PROGRAM

JULY 3 -
AUGUST 11

2023



Registration Link

<https://ervingma.myrec.com>

Questions? email us at Recreation@erving-ma.gov



Erving Public Library
presents



Family Movie Afternoon



See a free movie the
whole family will enjoy!

First Sundays
1 p.m.
in the
**Community
Room**

2 Care Drive,
Erving, MA 01344
413-423-3348
library@erving-ma.gov

through June - then join us for
Summer Reading Programs!



Erving Public Library

AFTER-SCHOOL ACTIVITIES



through June 21st - then
join us for Summer Reading!

Wednesdays, from 1:30-3 p.m.

Come by after school
for some fun activities
at the library, which
may include...

- Coloring or another craft
- Doing the scavenger hunt
- Playing a computer, video or board game
- Participating in storytime
- Using the computer for homework help
- Having a snack!*



*Snacks are provided by
the Friends of the Erving Public Library

ERVING PUBLIC LIBRARY

Teen Movie Monday

Monday, June 5th
3:30 PM
in the Teen Room

Enjoy
snacks on
us!



LAST SESSION FOR THE SUMMER!

With
Andrea the
Librarian



2 CARE DRIVE, ERVING, MA 01344
413-423-3348
LIBRARY@ERVING-MA.GOV

**For ages
11-19**

Visit the library website for movie details:
www.erving-ma.gov/library

Erving Public Library's

Paws to Read

Know a shy reader
still trying to
find their voice?

Read to one of the world's least
judgmental listeners:
a trained & certified therapy dog.



**Sign up in advance
highly suggested.
15-minute slots
are limited!**



With Rio
Sunday, July 2nd
2-3:30 p.m.



With J-lo
Sunday, July 23rd
2-3:30 p.m.

2 Care Drive, off Route 63, Erving MA 01344
413-423-3348 library@erving-ma.gov
erving-ma.gov/library

Erving Public Library

Music & Movement with Tom & Laurie

Sunday, July 11th
11:00 a.m.

Come join local musicians, "Tom & Laurie," on a highly interactive bilingual program for families with young children.

Check out the rest of the "Tom & Laurie" summer series on our website: www.erving-ma.gov/library



Bring a blanket or chair if the weather is nice!



2 Care Drive
(right off Rt. 63!)
Erving, MA 01344

Organized by the Community Network for Children. Funded by a Mass Cultural Council grant.



Mass Cultural Council

ERVING PUBLIC LIBRARY



THE PINEAPPLE PROJECT



**Theater experience that
explores gender, creativity,
and each child's freedom to
be who they are. Best suited
for families with kids**

3-8 years old.

**TUESDAY
JULY 18TH
1 PM**

IN THE COMMUNITY ROOM

**2 CARE DRIVE, ERVING, MA 01344
413-423-3348
LIBRARY@ERVING-MA.GOV**

ERVING PUBLIC LIBRARY

FAMILY MUSIC
PARTY BAND!



TEEN
MUSICIANS!

CARRIE FERGUSON

&

THE GRUMPYTIME CLUB BAND

AT THE
SUMMER READING PARTY

Playing original music from Carrie Ferguson's award-winning 2021 album, *The Grumpytime Club*, they spent 2022 rocking fairs and festivals with their high-energy funky folk-pop. Featuring a shifting pallet of horn, violin, guitar, mandolin, keys, bass and drums, their music is highly danceable and truly fun for all ages, highlighting themes of inclusivity, social justice, Earth stewardship and LGBTQ youth/family pride.

THURSDAY,
AUGUST 3RD
5-7 P.M.

2 CARE DRIVE (RIGHT OFF OF RT. 63), ERVING, MA 01344
413-423-3348
LIBRARY@ERVING-MA.GOV



ERVING PUBLIC LIBRARY

SUMMER READING 2023

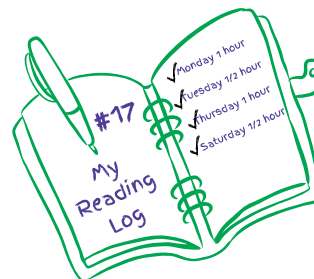
FOR ALL AGES

"Find your voice"



HOW TO PARTICIPATE: ★★

- **Sign up at the library starting & anytime after June 29!**
 - Pick up a reading log, write your number on your log!
- **Track the time you spend reading!** ⌚⌚⌚
- **Check in with a librarian to choose your weekly prize!**
 - Earn a raffle ticket for each HOUR spent reading!
 - Enter to win one of the BIG raffle prizes!
- **Attend the final celebration on August 3! Everyone who participates in Summer Reading gets a *special limited-edition 2023 color-your-own t-shirt!***



SCHEDULE OF EVENTS: ★★

*You do not have to be present to win the big prizes or collect your t-shirt

Book Club & Summer Reading Kickoff Pizza Party – Thu. June 29, 5:30pm

Get your reading log, enjoy some pizza and chat with book club about a something you read that is "set in a country you've never visited"! RSVP suggested for pizza party.

Paws to Read – Sundays, July 2 & 23, 2:00pm

Kids read to a dog! Dog handlers present at all times. Sign-up highly suggested, space limited.

Writing Workshop – Tue., July 11, 18, 25, Aug. 1, 5:00pm

Follow the weekly prompts and find your voice through writing! For teens and adults.

Tattoo & Piercing 101 – Thu., July 13, 5:00pm

Informational session only. For teens and adults.

Tell, Create, Connect – Sun., July 16, 11:00am

Storytelling workshop for families to find their voice with Rona Leventhal. Funded by Erving CC.

Pineapple Project – Tue., July 18, 1:00pm

Theater experience that explores gender, creativity, and each child's freedom to be who they are. Best suited for families with kids 3-8 years old.

Book Club & Make Your Own Sundae – Thu., July 27, 5:30pm

Theme: "Read a book borrowed from your local library"! Chat with other readers & have ice cream.

Music and Movement with Tom and Laurie – Sun., July 30, 11:00am

A highly interactive bilingual program for young children, funded by local cultural council grants.

Summer Reading Celebration – Thu., Aug. 3, 5:00-7:00pm

Party with prizes, popcorn, popsicles, and cake! Raffle drawing!

Special limited-edition color-your-own t-shirts for all summer reading participants!

★★ **PLUS: Carrie Ferguson & the Grumpytime Club Band** ★★

Concert with teenage musicians funded by the Erving Cultural Council!

The Grumpytime Club Band is a red and gold family music party band including costumed dancers. Playing original music from Carrie Ferguson's award-winning 2021 album, *The Grumpytime Club*, spent 2022 rocking fairs and festivals with their high-energy funky folk-pop. Featuring a shifting pallet of horn, violin, guitar, mandolin, keys, bass and drums, their music is highly danceable and truly fun for all ages, highlighting themes of inclusivity, social justice, Earth stewardship and LGBTQ youth/family pride.

MORE INFO ONLINE: WWW.ERVING-MA.GOV/LIBRARY ★★

THURSDAY, JUNE 29 - THURSDAY, AUG 3



Community Network for Children Programs



QR CODE TO REGISTER

REGISTRATION LINK:

<https://form.jotform.com/212215759871158>.

SPECIALS for MAY and JUNE!

- **NEW! CNC HIKE MEET UP!** Join Leverett Dad, Andrew, and explore local, family friendly hiking trails. Some will be just for the dads and some for all family members **May 9, 16, 31 June 3 and 7**. Register using the JotForm link to be notified of hiking locations!
- **Parent Cafe! Discussion Group for Families with Young Children:** Come join our friendly group of parents for an evening of discussion, connections and exchange of information. Families with children not yet in school are welcome. Help us plan for this group in the coming year! Parent led group. **May 8th at Shutesbury Elementary School 6:00 Dinner/6:30-Child Care/Parent Discussion. REGISTRATION REQUIRED**
- **CNC Children's Closet OPEN HOURS on SATURDAY- May 20th 10:00am -1:00pm.** 4 Montague Rd, Leverett behind the church. **FREE CLOTHES!** We welcome donations of clean, summer clothes in good condition. **ALL WELCOME!**

WEEKLY PROGRAMS

- **TUESDAY - New Salem Tales & Tunes with Katie at the New Salem Library - 10:00-11am June 6 and 13.** Music, books and playtime!
- **WEDNESDAY-Wendell Playgroup with Sylvia Wendell Library Playgroup - 10:00-11am May 3, 10, 17, 24, 31 and June 7** Free play, socialization and story time. Thank you to the Friends of the Wendell Free Library for supporting this program!
- **WEDNESDAY - Leverett Library Playgroup on Wednesdays at the Leverett Library - 10:30am. May 3, 10, 17, 24, 31 - June 7 and 14** Playgroup for children and their grown-ups 0-5 years of age. Free play time with a short circle time and books to wrap up!
- **FRIDAY- Shutesbury Tales & Tunes with Katie at Shutesbury Elementary School 8:45-10:00am . May 5, 12, 19 and June 2.** Music, books and playtime! Thank you to the M.N. Spear Memorial Library and Shutesbury Elementary for supporting this program!

WEEKLY STORYWALKS - Please be sure to check for ticks!

- Erving Public Library- Posted on Mondays around the outside of the library.
- Leverett Library- Posted on Thursdays on the trail behind the library.

CNC CHILDREN'S CLOSET: 4 Montague Rd, Leverett

- Open Thursdays by appointment or drop-in from Noon-3:30. Text or call to confirm schedule has not changed. **CLOSED June 22-July 6.** Free clothes, diapers and more!

CONTACT Gillian with questions at CNC 413-422-0170 call/text or budine@erving.com

The CNC Program is funded through the Union #28 schools by the Coordinated Family and Community Engagement Grant by the Massachusetts Department of Early Education and Care and Community Donations.

Northampton Area Pediatrics Parenting Workshop



Healthy Sleep During Childhood and Adolescence

With Wendy Chabot, MD

Wendy Chabot, MD is a pediatrician with a special interest in behavioral sleep medicine.

Sunday, June 11th
4pm to 5:30pm
Via Zoom

Sleep is one of the pillars of mental, emotional, and physical well being. Yet many school aged children, particularly adolescents, do not receive adequate sleep. In this workshop we will share about the function of sleep, the consequences of inadequate sleep, and how best to support healthier sleep during childhood and adolescence. There will be ample time for Q & A.

<https://us02web.zoom.us/j/89738577662?pwd=WVUvT3pwVWc2bmlqTTB5aHRoRk5Udz09&from=addon>

Meeting ID: 897 3857 7662 Passcode: 098335